All Workshops for 2021-2022 School Year

Take Stock in Children students need to attend four of the following for the 2021-2022 school year. Attendance is automatically tracked.

1. **Effective Written Communication**  
   Link: [Microsoft Forms](https://takestock1.wufoo.com/forms/q1w9yt10dl4bp4/)

2. **New Student Virtual Workshop** (for New Students Only)  
   Link: [https://takestock1.wufoo.com/forms/q1w9yt10dl4bp4/](https://takestock1.wufoo.com/forms/q1w9yt10dl4bp4/)

3. **Mental Fitness & Wellness Series Workshop 1: Managing Stress**  
   Link: [https://takestock1.wufoo.com/forms/wq56vt70wfciv6/](https://takestock1.wufoo.com/forms/wq56vt70wfciv6/)

4. **Mental Fitness & Wellness Series Workshop 2: Building Motivation, Confidence and Resilience**  
   Link: [https://takestock1.wufoo.com/forms/w1vpd43a05obac2/](https://takestock1.wufoo.com/forms/w1vpd43a05obac2/)

5. **Mental Fitness & Wellness Series Workshop 3: Adopting One Healthy Habit to Change Your Life**  
   Link: [https://takestock1.wufoo.com/forms/pvlb20e1wd8yi4/](https://takestock1.wufoo.com/forms/pvlb20e1wd8yi4/)

6. **Mental Fitness & Wellness Series Workshop 4: An Interview on Resilience and Gratitude**  
   Link: [https://takestock1.wufoo.com/forms/p1bawv4n0avbndq/](https://takestock1.wufoo.com/forms/p1bawv4n0avbndq/)

7. **Mental Fitness & Wellness Series Workshop 5: Foundation for Success in Life**  
   Link: [https://takestock1.wufoo.com/forms/phvwbjl05gobgi/](https://takestock1.wufoo.com/forms/phvwbjl05gobgi/)

8. **Senior College Prep Video** (seniors only)  
   Link: [https://takestock1.wufoo.com/forms/p1d6ebp20iotp3z/](https://takestock1.wufoo.com/forms/p1d6ebp20iotp3z/)

9. **Financial Aid and FAFSA Workshop**  
   Link: [https://takestock1.wufoo.com/forms/k2zcc5u0iwaj9y/](https://takestock1.wufoo.com/forms/k2zcc5u0iwaj9y/)